

Rainbow Homes History

Many of our basic needs are first met within our family. As we mature, we learn to live on our own. But the person who has a mental or physical disAbility may never be fully independent. He or she may always require extra care and support for the many activities of life which most of us take for granted. In November 1989, with that thought in mind, a group of parents concerned about good residential housing for their son/daughter with cognitive disAbilities began the process of creating Rainbow Homes.

Rainbow Homes provides semi-independent apartment housing to 23 adults with cognitive disAbilities. The housing consists of three quad plex apartment buildings. A community room allows the residents to enjoy a family style dinner each evening and an On-site Program Administrator allows the residents to have the needed support services each may need.

Six of our residents moved into an independent apartment off-site. They maintain their apartment; do their own shopping and cooking while still having the support and access to the activities of Rainbow Homes.

Our program is designed to provide each resident with as much independence as each individual can manage while providing the support they need to attain that independence. Most of the residents have some type of employment, either in the community or in a workshop program. In addition, they are all involved in community activities, i.e., Food Bank, Special Olympics, church activities, sports.

All of the residents qualify for low-income housing assistance and for several other programs designed to assist low income individuals become independent. Part of the program teaches each person how to maximize the little income they have. We work on budgeting, prudent shopping for both food and clothing and how to apply for government programs.

Many who work with persons with cognitive disAbilities said we couldn't provide housing and support services as a private entity and survive. We have proven them wrong and are now considered a "model" program with a waiting list.

In August of 2007, we were purchased our third quad plexes offering apartment living to a total of 23 residents. In 2008 our community room was renovated. With this renovation we are able to offer our day and overnight respite program. We have offered this program in the past but with increasing demands we saw the need to expand to accommodate more individuals.



RAINBOW HOMES

Day & Overnight Respite



Mission Statement

To provide ecumenical Christian housing for adults with cognitive disAbilities, where they can grow personally and spiritually to reach their God-given potential. The residents will be nurtured in a homelike setting.

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**Celebrating 10 years of service to
adults with cognitive disAbilities.**

OVERNIGHT RESPITE AT RAINBOW HOMES

What is Respite Care?

"Respite" refers to short term, temporary supported care provided to people with cognitive disAbilities in order that their families can take a break from the daily routine of caregiving. Unlike child care, respite services may sometimes involve overnight care for a period of time. Overnight Respite can be for a weekend or up to two weeks. Longer terms can be approved on a case by case basis.

What is provided?

Individuals will have their own bedroom. They will be assisted as needed with personal care, medication and grooming. The individuals may choose various activities to participate in such as arts and crafts, sports, leisure time activities in the community.

What's in it for the Family Member?

Each individual has the opportunity to explore independent living first hand, engage in enriching leisure time, participate with peers and develop new friendships. The atmosphere is friendly, nurturing and supportive.

Caregiver Peace of Mind

Rainbow Homes offers a safe, home like environment . It's very important that the caregiver of a family member gets a break now and then. A change of activities and surroundings can prevent burnout and emotional or physical exhaustion. Periodic respite can help the family caregiver relax for a while and return to the situation with renewed energy.

Overnight Respite includes:

- A private bedroom with cable TV
- Three meals a day with snack
- Assistance with dressing, grooming and bathing as needed
- Medication assistance
- Accessible bathroom
- Staff assistance with activities of daily living
- Assistance with church attendance or other regular scheduled activities
- Stimulating leisure time
- Access to the community
- Support with day program, work schedule or school program as needed
- Case management and resource referrals as needed.

Fee for Services is \$25.00 for day and \$50.00 for over-night and includes the above services.

We are not able to accommodate intensive personal care or severe behavioral problems at this time. Meal supplements, medication and personal care products are provided by the individual or family.

- At present time we are unable to participate with CEI-CMH Family and Friends Respite Program. We are pursuing this matter further and hope to be accepted in the near future. We can assist you with the application process if needed.
- Further information
- Schedule a tour
- Fill out an application
- Or Sponsor a Respite Week

Please contact Susan Shehan, Rainbow Homes Program Administrator, at the address on the front of this brochure.